

## COVID-19 Simulation Training

Pre-simulation learning materials

Familiarise yourself with this content prior to simulation team training sessions

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### Content

### Essential learning (mandatory):

- Key messages to staff
- 2. Current UK guidance
  - a. Putting on (donning) PPE
  - ь. Taking off (doffing) PPE
  - c. Stay at home advice

### **Optional**

- 3. Up to date information from Public Health Wales
- 4. Other relevant links



# Key messages to health care staff

Keep safe and avoid viral dissemination:

- 1. Wash hands
- 2. Don't touch your face at work
- 3. Use PPEs appropriately
- 4. If indicated, self isolate. (Keep up with guidance changes)

Look after your physical and emotional wellbeing

Support your colleagues



# Current UK guidance

<u>Putting on personal protective equipment (PPE)</u> (video)

Taking off PPE (video)

Stay at home guidance (regularly updated site)

#### Putting on (donning) personal protective equipment (PPE)

This is undertaken outside the patient's room.

#### Pre-donning instructions

- ensure healthcare worker hydrated
- tie hair back

England

- remove jewellery
- check PPE in the correct size is available

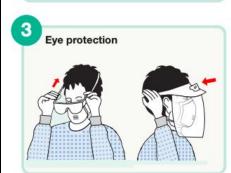




Perform hand

hygiene before

putting on PPE





#### 203

England

Quick guide Public Health

#### Removal of (doffing) personal protective equipment (PPE)

PPE should be removed in an order that minimises the potential for cross contamination.

The order of removal of PPE is as follows:

Gloves the outsides of the gloves are contaminated





Gown the front of the gown and sleeves will be contaminated







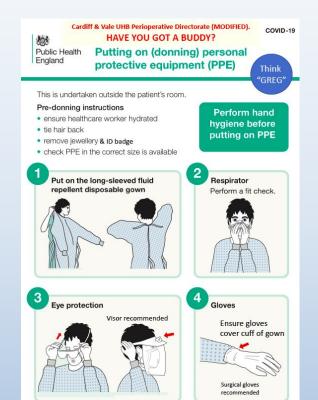


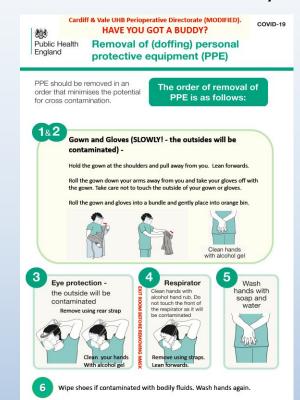
Respirator Clean hands with alcohol hand rub. Do not touch the front of the respirator as it will be contaminated





### In theatre environments alternatives may apply:







# Optional learning materials





<u>Up to date information</u>



### Other links

Intensive care and anaesthesia joint guidance

<u>Airway management guidance</u>

Resuscitation Council guidance

Guidance from the Royal College of Physicians

<u>AAGBI guidance</u>

Quick guide to clinical debriefing (2 videos)

<u>Human factors in COVID-19 webinar</u>